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## **Employee Working From Home**

There is an increase in the opportunities or requirements to work from home in particular during the COVID 19 pandemic.

Employers must ensure that they have adequate policies, procedures and check lists to meet their legal obligations under Workplace Health and Safety Legislation.

In addition to policies and guidelines, employers should consider working from home checklists to ensure that the home work place is adequate for the employee to safely work from home.

Matters that should be included but not limited to include adequate work surfaces, lighting, equipment, office ergonomics, mental health, work practices, communication strategies, electrical, accessways, emergency exits and safety equipment.

Under Regulation 42 of the Work Health and Safety Regulations a person conducting a business or undertaking (PCBU) is required to ensure the provision of first aid equipment at a workplace, therefore it is a legal requirement for an employer to ensure that suitable first aid supplies are available to employees who work from home.

If the majority of work being done at home is sitting at a desk doing computer and paper work then it is unlikely that the employee would be exposed to types of hazards, risks or injuries that may require first aid.

Therefore, basic first aid supplies are suitable and adequate for the type of work and the workplace environment.

It is recommended to provide an employee with a checklist of adequate first aid supplies to have available.

For more information contact Kevin on 07 3852 5177 or info@cmsolutions.org.au

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