## Quotes

"The only time you fail is when you fall down and stay down"

Stephen Richards, Author

"Winning is fun, but those moments that you can touch someone's life in a very positive way are better" Tim Howard, Soccer Player "Optimism is a happiness magnet. If you stay positive good things and good people will be drawn to you"

Mary Lou Retton, Gymnast

"You're braver than you believe, and stronger than you seem, and smarter than you think" A.A. Mine, Author/ Poet

"Once you replace negative thoughts with positive ones, you'll start having positive results"

Willie Nelson, Musician

"Wherever you go, no matter what the weather, always bring your own sunshine"
Anthony J Angelo, Author

"The way I see it, if you want the rainbow, you gotta put up with the rain"

Dolly Parton, Musician/ Singer