|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| C | V | Q | Y | T | M | Y | I | L | R | D | S | S | Q | U | A | S | H | V | B |
| O | C | Y | C | L | I | N | G | P | B | Q | K | O | H | D | E | C | U | A | S |
| I | D | C | W | X | U | N | B | G | S | E | X | C | E | R | C | I | S | E | L |
| E | A | T | G | E | I | D | G | E | J | K | U | I | O | H | M | G | x | B | E |
| B | J | F | M | K | C | C | A | H | M | B | G | A | V | R | P | C | L | D | E |
| R | P | O | L | L | W | V | A | Y | E | I | N | L | T | B | J | A | M | O | P |
| E | M | A | D | H | Y | O | G | A | R | G | I | I | C | U | R | X | E | G | B |
| A | T | B | R | T | H | X | B | G | O | B | K | Z | H | Q | U | K | T | W | M |
| T | K | I | N | D | N | E | S | S | U | B | L | A | W | A | N | N | G | I | I |
| H | O | R | S | M | F | L | E | I | T | M | A | T | B | S | N | P | V | M | N |
| E | K | Q | P | E | J | B | S | N | D | S | W | I | M | M | I | N | G | L | D |
| W | P | G | T | O | U | F | L | G | O | M | I | O | G | T | N | C | J | T | F |
| O | B | E | F | N | S | R | N | P | O | H | E | N | S | F | G | B | R | E | U |
| R | A | S | A | V | T | I | F | L | R | B | X | M | A | O | P | Q | E | N | L |
| K | L | M | X | D | C | E | T | I | S | R | E | L | A | X | K | C | T | N | N |
| J | A | E | O | N | C | N | E | I | O | B | H | R | D | Y | U | G | U | I | E |
| F | N | A | A | W | Q | D | M | T | V | E | G | E | T | A | B | L | E | S | S |
| P | C | D | Y | R | X | S | Q | N | G | I | N | A | O | F | I | J | O | T | S |
| O | E | T | B | P | E | M | O | M | V | S | T | R | L | A | L | M | E | H | R |
| X | U | H | L | E | A | R | N | P | C | G | H | Y | D | R | A | T | I | O | N |

Word Search!

CYCLING RUNNING HYDRATION BREATHEWORK

EXERCISE SLEEP FRIENDS RELAX

SOCIALIZATION KINDNESS BALANCE LEARN

GYM POSITIVITY SQUASH WALKING

YOGA DANCING TENNIS OUTDOORS

SWIMMING VEGETABLES TALKING MINDFULNESS